

Living United is about joining together to advance the common good and accomplish more than any one organization can on its own. Here's what you can do:

- ✓ Don't just wear the shirt...live it by spreading the word and inspiring others to get involved.
- ✓ Learn more about how we help in the areas of education, health, income, and housing—the building blocks to a good life.
- ✓ Invest in Middlesex United Way and help us create real, lasting change in these areas.
- ✓ Go to our website to learn more about our work, view our campaign film, and find out how you can get help. Visit [middlesexunitedway.org](http://middlesexunitedway.org).



# GET INVOLVED AND LIVE UNITED™

Please help us advance our work by making a contribution either through your workplace campaign or on our website. Our annual campaign is what opens the door to the real work we do—programs and initiatives that create change.

## GIVE

Advocacy starts with finding a cause that has meaning to you and then spreading the word about it and taking action in support of it. You can inspire others to get involved, too. And remember to sport your **LIVE UNITED** t-shirt to show the world that you are taking action.

## ADVOCATE

Discover the rewards of volunteering. Help local nonprofit groups meet the increased demand for their services. United Way provides one-time and ongoing volunteer opportunities for individuals and groups through our website. Or call us to help match you with the perfect volunteer experience.

## VOLUNTEER

# 2-1-1

24/7 info & referral

**Middlesex United Way**  
100 Riverview Center, Ste 230  
Middletown, CT 06457  
860.346.8695  
[middlesexunitedway.org](http://middlesexunitedway.org)



# DON'T JUST WEAR THE SHIRT LIVE IT.



# EVERYONE SHOULD HAVE THE OPPORTUNITIES FOR A BETTER LIFE.



We all need a quality education that leads to a stable job, enough income to support a family through retirement, a safe and affordable place to live, and good health. These are the building blocks for a good life. Together with our partners, we're working to meet goals that benefit the entire community.



Above photos by John Giammatteo.

## EDUCATION

**OUR GOAL:** Increase children's readiness to learn by school entry.



Clinton Board of Education  
 Community Health Center—Mobile Dental Program  
 Cromwell Board of Education  
 East Haddam Youth & Family Services  
 East Hampton Board of Education  
 Middletown Adult Education—Even Start Family Literacy  
 Middlesex Hospital—Opportunity Knocks and Perinatal Program  
 Old Saybrook Youth & Family Services  
 Portland Youth Services  
 Regional School District #13 (Durham-Middlefield)  
 Regional School District #17 (Haddam-Killingworth)  
 Tri-Town Youth Services (Chester, Deep River, Essex)  
 Westbrook Public Schools

## INCOME

**OUR GOAL:** Increase the economic self-sufficiency of individuals & families.



John J. Driscoll United Labor Agency—Employment & Advocacy  
 Kuhn Employment Opportunities—Supported Employment  
 Literacy Volunteers—Valley Shore, CT  
 MARC: Community Resources—Recreation, Outreach & Advocacy  
 Rushford Center—Treatment Program  
 Shoreline Soup Kitchens & Pantries  
 St. Luke's Eldercare Solutions of Central CT  
 St. Vincent DePaul Place—Amazing Grace Food Distribution  
 United Way 2-1-1

## HEALTH

**OUR GOALS:** Reduce the rate of risky behaviors among youth & adults. Improve the health and increase the safety of individuals & families.



American Red Cross, Middlesex Central CT—Disaster Preparedness Program  
 Boy Scouts, CT Rivers Council  
 Child and Family Agency of Southeastern CT—Mental Health for Families & Children  
 Clinton Youth & Family Service Bureau  
 The Connection, Inc.—Eddy Shelter and Middletown & Old Saybrook Counseling Centers  
 Durham-Middlefield Youth & Family Services  
 East Haddam Youth & Family Services  
 Gilead Community Services—Middletown Outpatient Clinic  
 Girl Scouts of Connecticut, Inc.  
 Middletown Youth Services Bureau  
 Northern Middlesex YMCA—Kids Korner and After-School Training & Consultation Program  
 Oddfellows Playhouse  
 Portland Youth Services  
 Old Saybrook Youth & Family Services  
 Rushford Center—Consultation/Technical Assistance Program  
 Tri-Town Youth Services (Chester, Deep River, Essex)  
 Westbrook Public Schools  
 Youth & Family Services of Haddam-Killingworth  
 Women and Families Center—Sexual Assault Crisis Services

## HOUSING

**OUR GOAL:** Increase the ability of individuals & families to attain affordable housing.



The Connection, Inc.—Housing Advocate at Eddy Shelter  
 HOPE Partnership—Old Saybrook  
 Middlesex County Coalition on Housing & Homelessness  
 Middlesex Habitat for Humanity  
 Nehemiah Housing Corporation—Transitional Living Program for Homeless Families