

YOUR DOLLARS GO A LONG WAY

\$2

A WEEK = \$104 A YEAR

- 198 nutritious meals for low-income families at Amazing Grace Food Pantry (pantry cost is approximately 70 cents/meal)
- A year of unlimited access for a job-seeker to United Labor Agency's phone message center, unlimited internet access to conduct a job search, fax services, and 3 hours of individualized assistance with counselor to assist job-seekers with their employment and advocacy needs

\$4

A WEEK = \$208 A YEAR

- 4 weeks of before school care for a lower-income family
- 10 care kits (including a sweatsuit, mouthwash, toothbrush, toothpaste, small stuffed animal, socks and a comb) for survivors of sexual assault while they're at the hospital
- 8 new pairs of wooden stilts or 2 new unicycles for Oddfellow's Children's Circus of Middletown, a summer program where young people learn valuable life skills

\$6

A WEEK = \$312 A YEAR

- Tuition for three people to receive Mental Health First Aid training at Rushford, so they can recognize signs and symptoms of mental disorders and implement life-saving techniques in their community
- Fees for 6 people with intellectual and developmental disabilities to participate in MARC Community Resource's Outreach and Advocacy program, in which they learn skills such as nutrition, first aid, fire safety and voter rights so they can live healthy, safe and productive lives

\$10

A WEEK = \$520 A YEAR

- Dues, books, a uniform, and badges for 5 Girl Scouts from low-income families so they can develop their leadership potential and be empowered with self-confidence and life skills
- 15 nights of emergency shelter and 15 days of supportive services at The Connection's Eddy Shelter in Middletown
- Healthy food and snacks for 5 children over weekends and during vacations from school for a year

\$1000

A YEAR (LEADERSHIP CIRCLE MEMBER)

- Literacy tutoring for two students for an entire year at Literacy Volunteers Valley Shore
- A year of programming, including a week of summer camp, for five Cub Scouts
- Payment of a large bill, such as a medical bill, to keep a family at risk of homelessness from losing their housing
- A year of professional development for 25 preschool teachers in the area of play-based learning to help students and families learn in a way that increases their curiosity, reasoning skills, imagination, and willingness to fail and try again

Middlesex United Way

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