



Get Connected. Get Help.™

What is 2-1-1?

2-1-1 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone. 2-1-1 is a program of United Way of Connecticut and is supported by the State of Connecticut and Middlesex United Way.



The Impact of 2-1-1 *September 2023 - September, 2024



422,142 Total Calls

Top Requests: Housing & Shelter: 34% Mental Health & Addiction: 28.6%



Middlesex County

14,114 Total Calls

Top Requests: Housing & Shelter: 25.6% Mental Health & Addiction: 37.8%



988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline.
When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

*2-1-1 Data provided by Connecticut United Ways: CT.211counts.org.