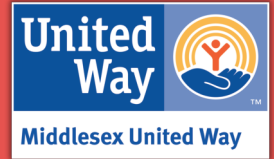


**CELEBRATING  
HEALTHY  
COMMUNITIES**



The Smarter Choice for Care

# M+ Middlesex Health

## PERINATAL SOCIAL WORK

The role of the Perinatal Social Worker at Middlesex Health is to support pregnant persons, both prenatal/postpartum and their families, as they navigate the healthcare system, medical challenges, and process complex information about pregnancies and neonates (*birth to age 1*). They also provide access to community resources. The Perinatal Social Worker is part of the comprehensive health care team at the Pregnancy and Birth Center at Middlesex Health that provides advanced, compassionate care to ensure a healthy birth experience for families of Middlesex county, as well as families throughout Connecticut.\*



## LEADING THE WAY

In the 2023-2024 grant cycle, 86% of pregnant persons at Middlesex Health (*and served by the Perinatal Social Worker*) gave birth to infants weighing at least 5lbs 8oz.



Community Impact grant funds provided by Middlesex United Way support the salary of Perinatal Social Workers employed by Middlesex Health.



Middlesex United Way has been funding various child and adolescent programs at Middlesex Health since approximately 2011.

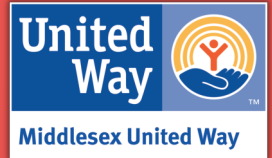
**“A TREMENDOUS ASSET TO  
OUR COMMUNITY...”**



“Mary Doyle, the Perinatal Social Worker, has been such a tremendous asset to our community with assisting with patients' needs. Mary is always receptive to patients and is always sincere and genuine, creating a safe and comfortable relationship and environment. Mary is well respected and always available at a moment's notice to come to the office to see patients. It is with the support and collaboration between Middlesex Health and Middlesex United Way that this important work is able to occur.”

- Community Provider Testimonial

CELEBRATING  
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# M+ Middlesex Health CHILDHOOD MENTAL HEALTH

“Addressing early childhood mental health in the preschool setting impacts all areas of a child’s development, including their social emotional development, personal-social, availability for learning, trust in caregivers and self-confidence. By investing in early childhood mental health and providing consultation to young children in need of support, we are investing in the future of our children.” \*

## LEADING THE WAY

In the 2022-2023 grant cycle, 23 families engaged in Mental Health Consultation support for their children through Middlesex Health.



Grant funding through Middlesex United Way allowed for Early Childhood Education teachers to receive additional professional development opportunities.



Middlesex Health completed 174 child specific consultations with children and their caregivers and teachers during the 2022-2023 grant cycle.

“A four-year-old client had been expelled from two School Readiness sites for aggression and dysregulation during the 2022 school year. A Mental Health Consultant was able to work with the child and his parent to better understand the child’s behavior. This guidance helped the parent leave an interpersonal violence situation and make her child feel safer. Working discreetly with the child’s parent and his teachers, plans were made to ensure the classroom was a safe environment. The child was then able to leave the center as a successful student as he entered Kindergarten.”

- Community Partner Testimonial

“...LEAVING THE CENTER AS A  
SUCCESSFUL STUDENT...”

